OPTIMIZING WELL-BEING IN OLDER AGE

Tuesday evenings,
October 11 - November 15
7:00 to 8:30 pm
UCSF’s Parnassus Campus
School of Nursing Building
513 Parnassus Avenue

TOPICS
• ACTIVITY AND MOBILITY
• UNDERSTANDING PROGNOSIS
• PHYSICAL REHABILITATION AND EMOTIONAL RECOVERY
• UNDERSTANDING PROGNOSIS
• COMPREHENSIVE ADVANCE CARE PLANNING

- Trauma patient’s perspective
- An inside look at a trauma team response

People who are lesbian, gay, bisexual and transgender (LGBT) are diverse, but they also have a common need for access to culturally-sensitive health care that recognizes and responds to their needs. The first half of this course will address the current health status of the LGBT population, the impact of discrimination and violence on the LGBT community, and the individual experience of LGBT individuals at UCSF. The second half of the course will focus on transgender health/surgery, including an overview of health issues affecting the transgender community, preparation for and perspectives on transgender surgery, and a review of current surgical techniques.

- LGBT health overview
- Violence and discrimination in the LGBT community
- LGBT trainees speak out
- Transgender health of “vaping” and “dabbing”
- Trans surgery: preparation and patient perspective
- Trans surgery: state-of-the-art techniques

TRAUMA CARE

Thursday evenings,
October 13 - November 17
7:00 to 8:30 pm
UCSF’s Parnassus Campus
School of Nursing Building
513 Parnassus Avenue

TOPICS
• ACTIVITY AND MOBILITY
• UNDERSTANDING PROGNOSIS
• PHYSICAL REHABILITATION AND EMOTIONAL RECOVERY
• UNDERSTANDING PROGNOSIS
• COMPREHENSIVE ADVANCE CARE PLANNING

- Trauma patient’s perspective
- An inside look at a trauma team response

This course on Trauma Care will provide participants with an understanding of the coordinated systems necessary to provide state-of-the-art trauma care to our community. Participants will hear from distinguished trauma surgeons and emergency medicine physicians from Zuckerberg San Francisco General Hospital and Trauma Center as well as from community members about current advances in trauma care and the impact they are having on the lives of San Franciscans.

- LGBT health overview
- Violence and discrimination in the LGBT community
- LGBT trainees speak out
- Transgender health of “vaping” and “dabbing”
- Trans surgery: preparation and patient perspective
- Trans surgery: state-of-the-art techniques

REGISTRATION FORM

Name: (Dr. • Mr. • Ms. • Mrs.) ____________________________
Street address: ________________________________________
City: ____________________________________ State: _______ Zip: _____________
Phone: ____________________________ Email: _________________________________
Month & day of birth: ______/______
Exp. Date __________   Authorized Signature ______________________________
Visa                MasterCard                American Express
Please charge my         Visa                MasterCard                American Express
No.  ____________________________ ____________________________ ____________________________ ____________________________
(Valid Student ID required at check-in)
UCSF Osher Center for Integrative Medicine

Mini Medical School for the Public

FALL 2016
course catalog

UCSF Osher Center for Integrative Medicine

Mini Medical School for the Public

Wednesday evenings, October 12 - November 15

OPTIMIZING WELL-BEING IN OLDER AGE

Wednesday evenings, October 12 - November 16

LGBT HEALTH AND TRANSGENDER SURGERY

Thursday evenings, October 13 - November 17

TRAUMA CARE

www.osherniminmedicalschool.ucsf.edu