Tuesday evenings, February 4 – March 11
7:00 to 8:30 p.m., Main Campus, 513 Parnassus Avenue

Designed for the weekend warrior and those that love them, this series will explore common injuries, approaches to avoid them, and treatments for when they occur. Whether you are a casual walker or a competitive athlete, this series will provide practical information to maximize your body’s performance. Topics that will be covered include concussions and head injury stress and overuse injuries, health of knees, shoulders and other joints, novel approaches to improve joint function, and replacement of the injured joint when other strategies have been exhausted. Step inside the world of the sports physician and improve your performance!

COURSE CHAIR: Anthony Luke, MD, MPH, Professor and Director of Primary Care Sports Medicine

Register Online: www.osherminimedicalschool.ucsf.edu
Wednesday evenings, February 5 – March 12

MEDICAL DETECTIVES:
Inside the Mind of Great Physicians

Thursday evenings, February 6 – March 13

HEALTH REFORM AT THE CROSSROADS:
How We Got to the ACA and Where We Go from Here