HIGH VALUE MEDICAL CARE: WHY SOMETIMES LESS IS MORE

February 9
INTRODUCTION
Christopher Moraites, MD
Assistant Professor of Medicine, Division of Hospital Medicine, UCSF

CATARACT SCREENING
R. Adams Dudley, MD
Professor of Medicine, Division of Pulmonary, Critical Care, Allergy and Sleep Medicine, UCSF

February 16
CARDIAC SCREENING
Rita F. Redberg, MD, MSc
Professor of Medicine, Division of Cardiology, UCSF; Editor, JAMA Internal Medicine

TESTS AND TREATMENTS: WHY MORE IS NOT ALWAYS BETTER FOR SENIORS
Kenneth Covinsky, MD
Professor of Medicine, Division of Geriatrics, UCSF; Editor, JAMA Internal Medicine

February 23
RADATION SAFETY
Rebecca Smith-Bindman, MD
Professor of Radiology, Epidemiology and Biostatistics, UCSF; Gynecology and Reproductive Medicine, UCSF

REGISTRATION FORM

If some medical care is good, more must be better. Right? Unfortunately, this is often not the case. In fact, the opposite can be true—some measures of health are worse in areas where people receive more health services. This course developed by UCSF professors and researchers is designed to provide information about how the delivery of medical care can affect patient outcomes. It will highlight situations in which the outcome of medical care may result in harm and in which less care is likely to result in better health.

COURSE CHAIRS:
Rita F. Redberg, MD, MSc – Professor of Medicine, Division of Cardiology, UCSF; Editor, JAMA Internal Medicine
Deborah Grady, MD – Professor of Medicine; Associate Dean of Clinical and Translational Research; Interim Director, Clinical and Translational Science Institute, UCSF; Editor, JAMA Internal Medicine

Presented by UCSF faculty from the Women’s Health Center, Osher Center for Integrative Medicine and the Department of Urology and Internal Medicine (all of which are recognized nationally for their expertise in providing comprehensive care), this course will address both comprehensive and integrative approaches in women’s health. Often it’s hard to find time to explore these issues in an interactive forum – now is the time for you to make some time.

Women’s health needs are unique and cover a wide spectrum over the course of a woman’s life. This outstanding series on women’s health and menopause and beyond: a primer on sexual health in women and men, physical and mental health.

TOPICS
• SEXUAL HEALTH
• MENOPAUSE
• MILD COGNITIVE IMPAIRMENT
• INCONTINENCE
• NUTRITION AND WOMEN’S HEALTH: MAKING SENSE OF NEW GUIDELINES AND THE CACOPHONY OF EXPERT ADVICE
• PELVIC FLOOR: MORE TO COME!

PAIN: NEW INSIGHTS AND NEW (AND OLD) TREATMENTS

February 11
BACK TO THE FUTURE OF PAIN MEDICINE
Mark Schumacher, PhD, MD
Professor and Chief, Division of Pain Medicine, Department of Anesthesia and Perioperative Care, UCSF

February 18
BEING “UNSUSPECTING”:
PSYCHOLOGY’S SECRET WEAPON FOR MANAGING PAIN
Jessica Pullins, PhD
Assistant Clinical Professor, Department of Anesthesia and Perioperative Care; Clinical Psychologist, Pain Management Center, UCSF

February 25
TECHNOLOGY VERSUS PAIN: TARGETED DRUG DELIVERY AND ELECTRICAL STIMULATION
Lawrence Poree, MD, PhD
Professor, Department of Anesthesia and Perioperative Care; Director, Neuromodulation Service, UCSF

COURSE CHAIR:
Mark Schumacher, PhD, MD – Professor and Chief, Division of Pain Medicine, Department of Anesthesia and Perioperative Care, UCSF

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• PELVIC FLOOR: MORE TO COME!
Wednesday evenings, February 9 - March 15

HIGH VALUE MEDICAL CARE: WHY SOMETIMES LESS IS MORE

Wednesday evenings, February 10 - March 23

MENOPAUSE AND BEYOND: A PRIMER ON SEXUAL, PHYSICAL AND MENTAL HEALTH FOR WOMEN AND THOSE WHO LOVE THEM

Thursday evenings, February 11 - March 17

PAIN: NEW INSIGHTS AND NEW (AND OLD) TREATMENTS